



MARCH 2020

MASTERS Workout Times

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------|-----------------------------------|-------------------------------|--|-------------------------------|-----------------------------------|---|
| 1 (March) | 2 COACHED SWIM 6:35-7:35pm | 3 | 4 COACHED SWIM 6:35-7:35pm | 5 | 6 COACHED SWIM 6:05-7:05am | 7 OYO SWIM 6:00-6:55am |
| 8 BC Champs | 9 COACHED SWIM 6:35-7:35pm | 10 | 11 COACHED SWIM 6:35-7:35pm | 12 | 13 COACHED SWIM 6:05-7:05am | 14 SPRING BREAK OFF |
| 15 SPRING BREAK OFF | 16 SPRING BREAK OFF | 17 SPRING BREAK OFF | 18 SPRING BREAK OFF | 19 SPRING BREAK OFF | 20 SPRING BREAK OFF | 21 SPRING BREAK OFF |
| 22 SPRING BREAK OFF | 23 COACHED SWIM 6:35-7:35pm | 24 | 25 COACHED SWIM 6:35-7:35pm | 26 | 27 COACHED SWIM 6:05-7:05am | 28 LAPS FOR LOONIES Masters Welcome to swim, 1-Hour Max Distance |
| 29 | 30 COACHED SWIM 6:35-7:35pm | 31 | 1 (April) COACHED SWIM 6:35-7:35pm | 2 | 3 COACHED SWIM 6:05-7:05am | 4 OYO SWIM 6:00-6:55am |
| 5 | 6 COACHED SWIM 6:35-7:35pm | 7 | 8 COACHED SWIM 6:35-7:35pm | 9 | 10 COACHED SWIM 6:05-7:05am | 11 OYO SWIM 6:00-6:55am |