



November 2019

MASTERS Workout Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 COACHED SWIM 6:35-7:35pm	29	30 COACHED SWIM 6:35-7:35pm	31	1 (November) COACHED SWIM 6:05-7:05am	2 OYO SWIM 6:00-6:55am
3	4 COACHED SWIM 6:35-7:35pm	5	6 COACHED SWIM 6:35-7:35pm	7	8 COACHED SWIM 6:05-7:05am	9 OYO SWIM 6:00-6:55am
10	11 OFF Remembrance Day	12	13 COACHED SWIM 6:35-7:35pm	14	15 COACHED SWIM 6:05-7:05am	16 OYO SWIM 6:00-6:55am
17	18 COACHED SWIM 6:35-7:35pm	19	20 COACHED SWIM 6:35-7:35pm	21	22 COACHED SWIM 6:05-7:05am	23 OYO SWIM 6:00-6:55am
24	25 COACHED SWIM 6:35-7:35pm	26	27 COACHED SWIM 6:35-7:35pm	28	29 COACHED SWIM 6:05-7:05am	30 OYO SWIM 6:00-6:55am
1 (December)	2 COACHED SWIM 6:35-7:35pm	3	4 COACHED SWIM 6:35-7:35pm	5	6 COACHED SWIM 6:05-7:05am	7 (Club Xmas Party) OYO SWIM 6:00-6:55am