



September 2019

MASTERS Workout Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 (Septs)	2 Labour Day	3	4	5	6	7
8	9	10	11 COACHED SWIM 6:35-7:35pm	12	13 COACHED SWIM 6:05-7:05am	14 OYO SWIM 6:00-6:55am
15	16 COACHED SWIM 6:35-7:35pm	17	18 COACHED SWIM 6:35-7:35pm	19	20 COACHED SWIM 6:05-7:05am	21 OYO SWIM 6:00-6:55am
22	23 COACHED SWIM 6:35-7:35pm	24	25 COACHED SWIM 6:35-7:35pm	26 Club AGM	27 COACHED SWIM 6:05-7:05am	28 OYO SWIM 6:00-6:55am
29	30 COACHED SWIM 6:35-7:35pm	1 (October)	2 COACHED SWIM 6:35-7:35pm	3	4 COACHED SWIM 6:05-7:05am	5 OYO SWIM 6:00-6:55am
6	7 COACHED SWIM 6:35-7:35pm	8	9 COACHED SWIM 6:35-7:35pm	10	11 COACHED SWIM 6:05-7:05am	12 OYO SWIM 6:00-6:55am