



January 2019

Masters Workout Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 HOLIDAY BREAK	31 HOLIDAY BREAK	1 (January) HOLIDAY BREAK	2 HOLIDAY BREAK	3 HOLIDAY BREAK	4 HOLIDAY BREAK	5 HOLIDAY BREAK
6	7 Regular Schedule Resumes 6:30-7:30 PM	8	9 6:30-7:30 PM	10	11 6:00-7:00 AM	12
13	14 6:30-7:30 PM	15	16 6:30-7:30 PM	17	18 6:00-7:00 AM	19
20	21 6:30-7:30 PM	22	23 6:30-7:30 PM	24	25 6:00-7:00 AM	26
27 <u>Vernon Winter Carnival Masters Meet</u>	28 6:30-7:30 PM	29	30 6:30-7:30 PM	31	1 (February) 6:00-7:00 AM	2
3	4 6:30-7:30 PM	5	6 6:30-7:30 PM	7	8 6:00-7:00 AM	9